

**CURRICULUM VITAE**  
**GEORGIOS N. TZOANOS MD**

*Sports Orthopaedic Surgeon*

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Birth place: Heraklion-Crete, Greece  
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**EDUCATION**

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- 3/'11 - 12/'05 - Certified by Hellenic Board of Orthopedic Surgery & Traumatology  
12/'10 - Resident of Orthopedic Surgery and Traumatology, University Hospital  
Heraklion- Crete, GR
- 9/'03 - 3/'04 - Resident of Orthopedic Surgery and Traumatology, General Hospital, Rethym  
Crete, GR
- 12/'02 - 9/'03 - Resident of Surgery, General Hospital, Rethymno-Crete, GR
- 8/'01 - 11/'01 - Surgery, Internal Medicine & Cardiology, General Hospital, Heraklion-Crete, G
- 8/'00 - 4/'01 - Exams in Internal Medicine and Surgery for the Recognition of Foreign Stud:  
Patra, GR (Degree: Excellent 8.72/10)
- 9/'94 - 5/'00 - Medical Degree, Faculty of Medicine in Pilsen, Charles University, CZ  
(Degree: Excellent)
- 9/'93 - 6/'94 - Pre-medical Degree, Faculty of Medicine, Charles University, CZ

**PROFESSIONAL EXPERIENCE**

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- 04/25-05-25 - Visiting fellow in University of Miami-Miller School of Medicine, FL, USA  
(Sports Medicine Department), Advisor Prof. Lee Kaplan (Head Team physician  
University of Miami Athletics)
- 12/'12-1/'13 - Visiting fellow in Mass General Hospital-Harvard Medical School in  
Massachusetts, MA, USA • Sports Medicine Department (ISAKOS Approved  
Teaching Center), Advisor Prof. Thomas Gill (Head Team physician of Patriots  
Football and Red Sox Baseball)
- 9/'11- 10/'11 - Visiting fellow in Mass General Hospital-Harvard Medical School in  
Massachusetts, MA, USA • Sports Medicine Department (ISAKOS Approved  
Teaching Center), Advisor Prof. Thomas Gill (Head Team physician of Patriots  
Football and Red Sox Baseball)
- 12/'10- 3/'11 - Visiting fellow in Johns Hopkins Hospital in Maryland, MD, USA • Division of  
shoulder reconstructive and arthroscopic surgery, Advisor Ass. Prof Steve Petersen  
(Head Team physician of Baltimore Orioles Baseball)

- 4/'10 - 5/'10 **Visiting Resident in Mayo Clinic in Minnesota, MN, USA • Sports Medicine Department, Advisor Prof. Michael Stuart (Head Team physician of USA Olympic Hockey)**
- 3/'09 - 6/'09 **Visiting Resident in Orthopedic Surgery and Traumatology, Hospital de São Sebastiao, Porto, PT • Saude Atlantica Sports Center (ISAKOS & ESSKA Approved Teaching Center) & Santa Maria Hospital, Advisor Prof. Joao Espregueira-Mendes (Team physician of Porto F.C.)**
- 2/'09 - 3/'09 **Visiting Resident in Sports Trauma and Arthroscopic Procedures, Hospital Pasteur, Rio de Janeiro, BR, Advisor Jose Luiz Runco, MD (Team physician Brazilian National Federation and Flamengo F.C)**
- 11/11 - 12/'08 **Visiting Resident in Sports Trauma and Arthroscopic Procedures, Mehiläinen Clinic, Turku, FI • ISAKOS Approved Teaching Center, Advisor Prof. Sakari Orava**
- 2/'08 - 3/'08 **Visiting Resident in Sports Trauma, Surgical and Arthroscopic Procedures Orthopedic Surgery, Barcelona, SP • PRGF Treatment and Control of Patients : Soccer Players, Advisor Ramon Cugat, MD (Team physician of Barcelona FC) Orthopedic Service of Hospital Quiron (ISAKOS Approved Teaching Center) Ambulatory Care Center of Mutua Montanesa, Mutualitat de Futbolistes of the Spanish Soccer Federation, Clinic FIATC**
- 8/'07 - 9/'07 **Visiting Resident in Sports Trauma, Arthroscopy and Knee Surgery, Porto, Portugal • Sao Sebastiao Hospital, Santa Maria da Feira and Saude Atlantica Sports Center (ISAKOS & ESSKA Approved Teaching Center), Porto, Advisor Prof. Joao Espregueira-Mendes (Team physician of Porto F.C)**
- 3/11 - 5/'05 **Visiting Resident in the 2<sup>nd</sup> Orthopedic Department, 251 General Air Force Hospital, Athens, GR**
- 7/'04 - 3/'05 **Military Service Doctor and Part Time Involvement in the Clinic Program of the 2<sup>nd</sup> Orthopedic Department, 251 General Air Force Hospital, Athens, GR**
- 4/'04 - 6/'04 **Visiting Resident in 1<sup>st</sup> Orthopedic Department, General Hospital, Heraklion, Crete, GR**
- 3/'04 - 4/'04 **Visiting Resident in Orthopedic Department, General Hospital, Rethymno-Crete, GR**
- 11/11 - 1/'02 **Appointed Doctor in District Medical Health Center, Zaros-Crete, GR**
- 4/01 - 8/'01 **Visiting Resident in the 1<sup>st</sup> Orthopedic Department of General Hospital Heraklion-Crete, GR**

## **OTHER EXPERIENCE**

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- 2000 - 2006 Appointed Doctor in Junior and Employment Football Championship Organized Annually by the Municipal Sports Club, Heraklion-Crete, GR
- 2000 - 2005 Appointed Doctor in Children and Junior Football Championship Organized Annually by the Hellenic Football Association, Heraklion-Crete, GR
- 5/'02 Appointed Doctor in University Football Championship Organized by the University of Crete, Heraklion-Crete, GR

## ABSTRACTS

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- **Tzoanos G**, Tsavalas N, Chardaloumpas D, Koutroumpas I, Manidakis N “ Surgical technique reducing anterior knee pain after bone tendon bone anterior cruciate ligament reconstruction in football players”, 15<sup>th</sup> ISAKOS, June 2025, Munich, Germany, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas D, Manidakis N “ Bilateral adductor tenotomy with or without hernioplasty in football players with groin pain” 15<sup>th</sup> ISAKOS, June 2025, Munich, Germany, *Poster Presentation*
- **Tzoanos G**, “ New trends in anterior cruciate ligament reconstruction”, 1<sup>st</sup> Hellenic Congress of Physiotherapy, June 2023, Heraklion, Greece, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A, Manidakis N “ Donor site morbidity and graft ligamentization in bone tendon bone anterior cruciate ligament reconstruction in football players”, 30<sup>th</sup> International Conference on Sports Rehabilitation and Traumatology, May 2023, London, England, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A, Manidakis N “ Healing of the patella harvest donor site and tendon graft in bone tendon bone anterior cruciate ligament reconstruction in football players”, 29<sup>th</sup> International Conference on Sports Rehabilitation and Traumatology, June 2022, Lyon, France, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A, Manidakis N “ Healing of the patella harvest donor site and tendon graft in bone tendon bone anterior cruciate ligament reconstruction in football players”, 20<sup>th</sup> ESSKA, April 2022, Paris, France, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A, Manidakis N “ Healing of the patella harvest donor site and tendon graft in bone tendon bone anterior cruciate ligament reconstruction in football players”, 13<sup>th</sup> ISAKOS, November 2021, Virtual, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A, Manidakis N “ Healing of the patella harvest donor site and tendon graft in bone tendon bone anterior cruciate ligament reconstruction in football players”, 7<sup>th</sup> ECOSEP & 2<sup>nd</sup> EA4SD, November 2021, Athens, Greece, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A, Manidakis N “ Healing of the patella harvest donor site and tendon graft in bone tendon bone anterior cruciate ligament reconstruction in football players”, 19<sup>th</sup> ESSKA, May 2021, Virtual, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A, Manidakis N “ Bilateral adductor tenotomy with or without hernioplasty in Greek football players with groin pain” 19<sup>th</sup> ESSKA, May 2021, Virtual, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A, Manidakis N “ ABO blood group and anterior cruciate ligament tear in football players” 19<sup>th</sup> ESSKA, May 2021, Virtual, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A, Danassi D, Manidakis N “ Healing of the patella harvest donor site and tendon graft in bone tendon bone anterior cruciate ligament reconstruction in football players”, 6<sup>th</sup> ECOSEP & INSEP , November 2019, Paris, France, *Oral Presentation*
- Kakavas G, Malliaropoulos N, Kalliakmanis A, Rousis S, Piskopakis A, Konstantakis X, **Tzoanos G** How fatigue of a 90 minutes in football match affects hamstring flexibility, 28<sup>th</sup> International Conference on Sports Rehabilitation and Traumatology, April 2019, London, England, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kakavas G, Kalliakmanis A Manidakis N “ Healing of the patella harvest donor site and tendon graft in bone tendon bone anterior cruciate ligament reconstruction in football players”, 28<sup>th</sup> International Conference on Sports Rehabilitation and Traumatology, April 2019, London, England, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A “ Patella harvest donor site healing after autologous bone transplantation in bone tendon bone anterior cruciate ligament reconstruction in football players”, 27<sup>th</sup> International Conference on Sports Rehabilitation and Traumatology, June 2018, Barcelona, Spain, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Kalliakmanis A, Chardaloumpas D, Manidakis N “ Patellar tendon healing after anterior cruciate ligament reconstruction in football players”, 18<sup>th</sup> ESSKA Congress, May 2018, Glasgow, United Kingdom, *Oral Presentation*

- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A “ ABO blood group and anterior cruciate ligament tear in football players”, 18<sup>th</sup> ESSKA Congress, May 2018, Glasgow, United Kingdom, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas D, Kalliakmanis A “ Bilateral adductor tenotomy with or without hernioplasty in Greek football players with groin pain” 18<sup>th</sup> ESSKA, May 2018, Glasgow, United Kingdom, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Papadogoulas A. Kalliakmanis A “ ABO blood group and anterior cruciate ligament tear in football players”, 4<sup>th</sup> Saude Atlantica & ISAKOS & ESSKA international meeting, September 2017, Porto, Portugal, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Papadogoulas A Kalliakmanis A “ Patellar tendon healing after anterior cruciate ligament reconstruction in football players”, 4<sup>th</sup> Saude Atlantica & ISAKOS & ESSKA international meeting, September 2017, Porto, Portugal, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Kalliakmanis A “ ABO blood group and anterior cruciate ligament tear in football players”, 11<sup>th</sup> ISAKOS, June 2017, Shanghai, China, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Manidakis N, Chardaloumpas D, Kalliakmanis A “ Patellar tendon healing after anterior cruciate ligament reconstruction in football players”, 11<sup>th</sup> ISAKOS, June 2017, Shanghai, China, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Kalliakmanis A “ ABO blood group and anterior cruciate ligament tear in football players”, 26<sup>th</sup> International Conference on Sports Rehabilitation and Traumatology, May 2017, Barcelona, Spain, *Oral Presentation*
- **Tzoanos G**, Chardaloumpas D, Kalliakmanis A, Tsavalas N, Manidakis N “ Ultrasonografic evaluation of harvested patellar tendon in football players”, 17<sup>th</sup> ESSKA, May 2016, Barcelona, Spain, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Manidakis N, Chardaloumpas D, Kalliakmanis A “ Patellar tendon healing after anterior cruciate ligament reconstruction in football players”, 25<sup>th</sup> International Conference on Sports Rehabilitation and Traumatology, April 2016, London, England, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Manidakis N, Chardaloumpas D, Kalliakmanis A “ Extraordinary cause of hip joint pain in professional football player”, 25<sup>th</sup> International Conference on Sports Rehabilitation and Traumatology, April 2016, London, England, *Poster Presentation-Best clinical case history award*
- **Tzoanos G**, Chardaloumpas D, Tsavalas N, Kalliakmanis A, Manidakis N “ Ultrasonografic evaluation of harvested patellar tendon in football players”, 10<sup>th</sup> Biannual ISAKOS, June 2015, Lyon, France, *Poster Presentation*
- **Tzoanos G**, Manidakis N, Tsavalas N, Chardaloumpas D, Kalliakmanis A “ Epidemiology of muscle injuries in a Greek sub-elite professional football team”, 10<sup>th</sup> Biannual ISAKOS, June 2015, Lyon, France, *Poster Presentation*
- **Tzoanos G**, Manousaki e, Tsavalas N, Chardaloumpas D, Kalliakmanis A, Manidakis N “ Bilateral adductor tenotomy with or without hernioplasty in Greek football players with groin pain” 24<sup>th</sup> International Conference on Sports Rehabilitation and Traumatology, April 2015, London, England, *Oral Presentation*
- **Tzoanos G**, Chardaloumpas D, Tsavalas N, Georgiou N, Cruz F, Kalliakmanis A, Manidakis N “ Ultrasonografic evaluation of harvested patellar tendon in football players”, 26<sup>th</sup> SICOT & 46<sup>th</sup> SBOT World Congress, November 2014, Rio De Janeiro, Brazil, *Oral Presentation*
- **Tzoanos G**, Chardaloumpas D, Tsavalas N, Georgiou N, Manidakis N “Double bundle anterior cruciate ligament reconstruction; not for all; an MRI study”, 26<sup>th</sup> SICOT & 46<sup>th</sup> SBOT World Congress , November 2014, Rio De Janeiro, Brazil, *Poster Presentation*
- **Tzoanos G**, Manidakis N, Tsavalas N, Chardaloumpas D, Kalliakmanis A “ Epidemiology of muscle injuries in a Greek sub-elite professional football team”, 6<sup>th</sup> MuscleTech Network workshop, October 2014, Barcelona, Spain *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Manidakis N, Chardaloumpas D, Kalliakmanis A “ Healing of the patellar tendon after ACL reconstruction in football players”, 70<sup>th</sup> Greek meeting of Orthopaedic Surgery and Traumatology, October 2014, Athens, Greece, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Manidakis N, Chardaloumpas D, Kalliakmanis A “ Ultrasonografic evaluation of harvested patellar tendon in football players”, 23<sup>rd</sup> International Conference on Sports Rehabilitation and Traumatology, March 2014, Milano, Italy, *Oral Presentation*

- **Tzoanos G**, Tsavalas N, Manidakis N, Chardaloumpas D, Kalliakmanis A “ An unusual cause of hip joint pain in a professional football player; a case report”, 23<sup>rd</sup> International Conference on Sports Rehabilitation and Traumatology, March 2014, Milano, Italy, *Oral Presentation*
- **Tzoanos G**, Manidakis N, Tsavalas N, Chardaloumpas D, Kalliakmanis A “ Epidemiology of muscle injuries in a Greek sub-elite professional football team”, 22<sup>nd</sup> International Conference on Sports Rehabilitation and Traumatology, April 2013, London, England, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Ntailiani A, Manidakis N, Karantanias A “ The prevalence of anatomic restrictions in double bundle ACL reconstruction; An MRI study”, 5<sup>th</sup> Meeting of the Hellenic Arthroscopic Society, Knee Surgery and Sports Injuries, April 2013, Larissa, Greece, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Manidakis N, Karantanias A “ Epidemiology of injuries in a Greek Sub-elite football team; comparative epidemiology study”, 5<sup>th</sup> Meeting of the Hellenic Arthroscopic Society, Knee Surgery and Sports Injuries”, April 2013, Larissa, Greece, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Manidakis N, Karantanias A “ The role of intra-articular infusion of steroids and hyaluronic acid in conservative treatment of hip labral tears”, 5<sup>th</sup> Meeting of the Hellenic Arthroscopic Society, Knee Surgery and Sports Injuries April 2013, Larissa, Greece, *Poster Presentation*
- **Tzoanos G**. “ Diagnosis, treatment and prevention of sports injuries”, March 2013, Meeting organized by Lamberts UK, Crete, Greece, *Oral Presentation*
- **Tzoanos G**. “Knee chondral injuries”, Hellenic College of Orthopaedic Surgeons, November 2012, Athens, Greece, *Oral Presentation*
- **Tzoanos G**, Manidakis N, Koutroumpas I, Tsavalas N, Katonis P, Karantanias A. “The role of intra-articular infusion of long lasting steroids and hyaluronic acid in conservative treatment of labral tears of the hip joint”, 68<sup>th</sup> Greek meeting of Orthopaedic Surgery and Traumatology, October 2012, Athens, Greece , *Oral Presentation*
- **Tzoanos G**, Ntailiani A, Manidakis N, Tsavalas N, Katonis P, Karantanias A. “Double bundle anterior cruciate ligament reconstruction; not for all; an MRI study”, 68<sup>th</sup> Greek meeting of Orthopaedic Surgery and Traumatology, October 2012, Athens, Greece, *Poster Presentation*
- **Tzoanos G**, Ntailiani A, Manidakis N, Tsavalas N, Katonis P, Karantanias A. “Double bundle anterior cruciate ligament reconstruction; not for all; an MRI study”, 15<sup>th</sup> ESSKA Congress, May 2012, Geneva, Switzerland, *Poster Presentation*
- **Tzoanos G**, Manidakis N, Koutroumpas I, Tsavalas N, Katonis P, Karantanias A. “The role of intra-articular infusion of long lasting steroids and hyaluronic acid in conservative treatment of degenerative labral tears of the hip joint”, 15<sup>th</sup> ESSKA Congress, May 2012, Geneva, Switzerland, *Poster Presentation*
- **Tzoanos G**, Ntailiani A, Tsavalas N, Katonis P, Karantanias A. “ Double bundle anterior cruciate ligament reconstruction: An MRI study”, 21<sup>st</sup> International Conference on Sports Rehabilitation and Traumatology, April 2012, London, England, *Oral Presentation*
- **Tzoanos G**, Datsis G, Manidakis N, Koutroumpas I, Kouvidis G, Katonis P. “ ACL reconstruction using hamstring autograft with transtibial technique: two- to seven- years follow up”, 4<sup>th</sup> Meeting of the Hellenic Arthroscopic Society, Knee Surgery and Sports Injuries, June 2011, Crete, Greece, *Oral Presentation*
- **Tzoanos G**, Manidakis N, Koutroumpas I, Stathakos G, Kakavelakis K, Zisimopoulou E, Kouvidis G, Katonis P. “ Knee arthroscopy under local anaesthesia: The Crete experience”, ISAKOS 2011, May 2011, Rio de Janeiro, Brazil, *Oral Presentation – Finalist for the John Joyce Award*
- Ntailiani A, **Tzoanos G**, Tsavalas N, Vassalou E, Karantanias AH “ Are all patients with anterior cruciate ligament tear able to undergo a double-bundle reconstruction? An MRI study”, ECR 2011, March 2011, Vienna, Austria, *Oral Presentation*
- **Tzoanos G**, Manidakis N, Koutroumpas I, Stathakos G, Katonis P. “ Degenerative labral tears of the hip joint; the role of intra-articular infusion of long lasting steroids and hyaluronic acid in non-operative management”, 6<sup>th</sup> Meeting of EFOS, November 2010, Brussels, Belgium, *Oral Presentation*
- **Tzoanos G**, Manidakis N, Koutroumpas I, Stathakos G, Karantanias A, Katonis P. “ Degenerative labral tears of the hip joint treated with a combination of intra-articular long

- lasting steroid and hyaluronic acid infusion”, 9<sup>th</sup> Domestic Meeting of the European Hip Society, September 2010, Athens, Greece, *Poster Presentation*
- Manidakis N, **Tzoanos G**, Lykoudis S, Koutroumpas I, Stathakos G, Katonis P. “Percutaneous Hybrid Fixation of Thoracolumbar Burst Fractures Without Neurological Deficit”, 7<sup>th</sup> SICOT/SIROT Annual International Conference, August 2010, Gothenburg, Sweden, *Poster Presentation*
  - Manidakis N, Lykoudis S, **Tzoanos G**, Koutroumpas I, Stathakos G, Katonis P. “Percutaneous Hybrid Fixation of Thoracolumbar Burst Fractures Without Neurological Deficit”, World Spine V & World Spine 2010, May 2010, Santorini-Larissa, Greece, *Oral Presentation*
  - **Tzoanos G**, Kouvidis G, Koutroumpas I, Aggelidakis I, Katonis P. “Knee arthroscopy with local anaesthesia: Review of clinical experience & evaluation of patients satisfaction”, 29<sup>th</sup> Annual Congress of Orthopedic & Traumatologic Society of Macedonia-Thraki, April 2010, Alexandroupoli, Greece, *Poster Presentation*
  - Manidakis N, Georgiou N, **Tzoanos G**, Kakavelakis K, Katonis P. “Surgical treatment of cervical myelopathy in multiple degenerative changes”, 29<sup>th</sup> Annual Congress of Orthopedic & Traumatologic Society of Macedonia-Thraki, April 2010, Alexandroupoli, Greece, *Oral Presentation*
  - Borralho N, Monteiro A, Sevivas N, Cruz M, Gomez M, **Tzoanos G**. “High Tibial Osteotomy for the Treatment of Unicompartmental Gonarthrosis - Closed Wedge Versus Open Wedge”, 29<sup>th</sup> National Congress of SPOT (Portuguese Association of Orthopedic Surgery and Traumatology), October 2009, Porto, Portugal, *Oral Presentation*
  - Kakavelakis K, **Tzoanos G**, Stathakos G, Tosounidis T, Kouvidis G, Katonis P. “Knee Arthroscopy Under Local Anaesthesia: A Review of Clinical Experience and Evaluation of Patient Satisfaction”, 65<sup>th</sup> Hellenic Orthopedic Congress with the Participation of Balkan Countries, October 2009, Thessaloniki, Greece, *Oral Presentation*
  - Likoudis S, Koutroumpas I, **Tzoanos G**, Aggelidakis I, Balalis K, Katonis P. “One Stage and Two Stage Bilateral Total Knee Arthroplasties for Osteoarthritis”, 65<sup>th</sup> Hellenic Orthopedic Congress with the Participation of Balkan Countries, October 2009, Thessaloniki, Greece, *Poster Presentation*
  - Espregueira-Mendes J, Monteiro A, Vieira-Silva M, Varanda P, Pereira H, Sevivas N, Lob T, **Tzoanos G**. “Cartilage Lesions - Osteochondral Graft from Proximal Tibiofibular Joint – ‘Gut’”, 3<sup>rd</sup> Meeting of the Hellenic Arthroscopic Society, Knee Surgery and Sports Injuries, June 2009, Crete, Greece, *Oral Presentation*
  - Espregueira-Mendes J, Lopes JM, Araujo JA, Passos C, Vasconcelos JC, Monteiro A, Sevivas N, **Tzoanos G**, Lob T. “Return to Sports after ACL Reconstruction”, 10<sup>th</sup> European Federation of National Associations of Orthopedics and Traumatology of ESSKA Session “The ACL: From Cradle to the Grave”, June 2009, Wien, Austria, *Oral Presentation*
  - Espregueira-Mendes J, Monteiro A, Lopes JM, Araujo JA, Passos C, Vasconcelos JC, Sevivas N, **Tzoanos G**, Lob T. “ACL- Measurement of AP & Rotation Laxity-Porto KTD”, International Forum: Update on Double Bundle ACL Reconstruction, May 2009, Milan, Italy, *Oral Presentation*
  - Balalis K, Kakavelakis K, **Tzoanos G**, Tosounidis T. “Neuropathy of Suprascapular Nerve in Amateur Players”, 9<sup>th</sup> Meeting of Greek Sports Medicine Society and 7<sup>th</sup> Greek-Cypriot Sports Medicine Meeting, March 2008, Athens, Greece, *Poster Presentation*
  - Christoforakis Z, Balalis K, **Tzoanos G**, Katonis P, Handjipavlou A. “Simultaneous Bilateral Total Knee Arthroplasty: Is it a Safe Operation for the Patient?”, 13<sup>th</sup> Cretan Medical Meeting with International Participation, November 2006, Crete, Greece, *Oral Presentation*
  - **Tzoanos G**. “Functional Anatomy, Biomechanics and Pathophysiology of the Basal Joint Arthritis”, 12<sup>th</sup> Combined Annual Meeting Organized by the Hellenic Society for Reconstructive Microsurgery & Hellenic Society for Surgery of the Hand, September 2006, Patra, Greece, *Oral Presentation*

## CONFERENCES

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- 15<sup>th</sup> Biannual Congress ISAKOS, Munich, Germany, June 2025
- American Academy of Orthopaedic Surgeons –AAOS 2025, San Diego, CA, USA, March 2025
- 80<sup>th</sup> Greek meeting of Orthopaedic Surgery and Traumatology, Thessaloniki, Greece, October 2024
- 31<sup>st</sup> International Conference on Sports Rehabilitation and Traumatology, Madrid, Spain, May 2024
- 21<sup>st</sup> ESSKA Congress, Milan, Italy, May 2024
- American Academy of Orthopaedic Surgeons –AAOS 2024, San Francisco, CA, USA, February 2024
- 1<sup>st</sup> Hellenic Congress of Physiotherapy, Heraklion, Greece, June 2023
- 14<sup>th</sup> Biannual Congress ISAKOS, Boston, USA, June 2023
- 30<sup>th</sup> International Conference on Sports Rehabilitation and Traumatology, London, England, May 2023
- 29<sup>th</sup> International Conference on Sports Rehabilitation and Traumatology, Lyon, France, June 2022
- 20<sup>th</sup> ESSKA Congress, Paris, France, May 2022
- American Academy of Orthopaedic Surgeons –AAOS 2022, Chicago, IL, USA, March 2022
- 13<sup>th</sup> Biannual Congress ISAKOS, Virtual, November 2021
- 7<sup>th</sup> ECOSEP & 2<sup>nd</sup> EA4SD congress, Athens, Greece, November 2021
- 19<sup>th</sup> ESSKA Congress, Virtual, May 2021
- 6<sup>th</sup> ECOSEP & INSEP congress, Paris, France, November 2019
- 28<sup>th</sup> International Conference on Sports Rehabilitation and Traumatology, London, England, April 2019
- 2<sup>nd</sup> Conference, organized by AEK FC, Athens, Greece, March 2019
- American Academy of Orthopaedic Surgeons –AAOS 2019, Las Vegas, NE, USA, March 2019
- 27<sup>th</sup> International Conference on Sports Rehabilitation and Traumatology, Barcelona, Spain, June 2018
- 18<sup>TH</sup> ESSKA Congress, Glasgow, United Kingdom, May 2018
- Madrid Foot & Ankle Course, Madrid, Spain, March 2018
- 1<sup>st</sup> Conference of Sports Injuries-Hamstring injuries from research to clinical practice organized by AEK FC, Athens, Greece, March 2018
- 4<sup>th</sup> Saude Atlantica & ISAKOS & ESSKA international meeting, Porto, Portugal, September 2017
- 11<sup>th</sup> Biannual Congress ISAKOS, Shanghai, China, June 2017
- 26<sup>th</sup> International Conference on Sports Rehabilitation and Traumatology, Barcelona, Spain, May 2017
- 8<sup>th</sup> MuscleTech Network workshop, Barcelona, Spain, October 2016
- 17<sup>th</sup> ESSKA Congress, Barcelona, Spain, May 2016
- 25<sup>th</sup> International Conference on Sports Rehabilitation and Traumatology, London, England, April 2016
- Challenges in football injuries, Doha, Qatar, February 2016
- 7<sup>TH</sup> MuscleTech Network workshop & 4<sup>th</sup> ECOSEP Congress, Barcelona, Spain, October 2015
- 10<sup>th</sup> Biannual Congress ISAKOS, Lyon, France, June 2015
- 24<sup>th</sup> International Conference on Sports Rehabilitation and Traumatology, London, England, April 2015
- 26<sup>th</sup> SICOT & 46<sup>th</sup> SBOT World Congress, Rio De Janeiro, Brazil, November 2014
- 6<sup>th</sup> MuscleTech Network workshop, Barcelona, Spain, October 2014
- 70<sup>th</sup> Greek meeting of Orthopaedic Surgery and Traumatology, Athens, Greece, October 2014
- 16<sup>th</sup> ESSKA Congress, Amsterdam, Holland, April 2014
- 23<sup>rd</sup> International Conference on Sports Rehabilitation and Traumatology, Milan, Italy, March 2014
- 69<sup>th</sup> Greek meeting of Orthopaedic Surgery and Traumatology, Athens, Greece, October 2013

- 22<sup>nd</sup> International Conference on Sports Rehabilitation and Traumatology, London, England, April 2013
- 5<sup>th</sup> Meeting of the Hellenic Arthroscopic Society, Knee Surgery and Sports Injuries, Larissa, Greece, April 2013
- Meeting organized by Lamberts U, Crete, Greece, March 2013
- 68<sup>th</sup> Greek meeting of Orthopaedic Surgery and Traumatology, Athens, Greece, October 2012
- 15<sup>th</sup> ESSKA Congress, Geneva, Switzerland, May 2012
- 21<sup>st</sup> International Conference on Sports Rehabilitation and Traumatology,, London, England, April 2012
- 4<sup>th</sup> Meeting of the Hellenic Arthroscopic Society, Knee Surgery and Sports Injuries, Crete, Greece, June 2011
- 8<sup>th</sup> Biannual Congress ISAKOS, Rio de Janeiro, Brazil, May 2011
- Meeting Organized by the Hematologic and Orthopedic Departments of University Hospital of Crete, under the auspices of Medical Association of Heraklion with theme ‘ Blastocytes-Current concepts and perspectives’, Heraklion, Crete, April 2011
- 6<sup>th</sup> Meeting of EFOT, Brussels, Belgium, November 2010
- 9<sup>TH</sup> Domestic Meeting of the European Hip Society, Athens, Greece, September 2010
- 14<sup>th</sup> ESSKA Congress, Oslo, Norway, June 2010
- Advanced Techniques in Shoulder Arthroscopy, Arthroplasty, & Fractures, organized by Mayo Clinic in Minnesota, MN, USA, April 2010
- Basic Athroscopic Techniques of Knee and Shoulder Organized by the 2<sup>nd</sup> Orthopedic Clinic of IASO GENERAL and the Orthopedic Clinic of the University of Ioannina Under the Auspices of the Hellenic Arthroscopic Society, Athens, March 2010
- 65<sup>th</sup> Hellenic Orthopedic Congress with the Participation of Balkan Countries, Thessaloniki, October 2009
- 3<sup>rd</sup> Meeting of the Hellenic Arthroscopic Society, Knee Surgery and Sports Injuries, Crete, June 2009
- National Congress of Foot and Ankle, V.N Gaia, Portugal, May 2009
- 1<sup>st</sup> Congress of Rheumatoid Arthritis Organized by the Orthopedic and Traumatologic Department of Hospital de Sao Sebastiao of Porto, Caramulo-Portugal, May 2009
- AO Course, “Management of Common Periarticular Fractures”, Patra, February 2009
- 1<sup>st</sup> Congress of Rheumatoid Arthritis Organize by the Orthopedic and Traumatologic Department of Hospital de Sao Sebastiao of Porto, Caramulo, Portugal, May 2009
- 2<sup>nd</sup> International Symposium of Kyphoplasty with Subject “Kyphoplasty 10 years Knowledge & Experience”, Athens, January 2009
- 1st Shoulder Arthroscopy Course of the Upper Limb Committee of ESSKA, Athens, October 2008
- 64<sup>th</sup> Greek Meeting of Orthopedic Surgery and Traumatology, Athens, October 2008
- 11<sup>th</sup> International PCL Study Group Meeting, Mykonos, June 2008
- 34<sup>th</sup> Congress of Spine, Heraklion-Crete, June 2008
- 13<sup>th</sup> ESSKA 2000 Congress, Porto, Portugal, May 2008
- Seminar of Hip and Knee and Biomechanics, Ioannina, December 2007
- 21<sup>st</sup> Annual Meeting of Hip and Knee Reconstructive Surgery Organized by the Hellenic Society of Orthopedic Surgery and Traumatology, Athens, November 2007
- 3<sup>rd</sup> Seminar of Shoulder-Elbow Trauma Organized by the Orthopedic Department of the University of Patras, Patra, October 2007
- 63<sup>rd</sup> Greek Orthopedic Meeting, Athens, October 2007
- 2<sup>nd</sup> Meeting of the Hellenic Arthroscopic Society, Knee Surgery and Sports Injuries, Athens, June 2007
- Meeting of Metabolic Bone Diseases with Theme “The Effects of Fractures in Osteoporotic Patients”, Crete, June 2007
- Seminar for External Fixation, Bologna-Italy, April 2007
- Meeting with Theme “Anterior Cruciate Ligament Reconstruction”, Organized by the 1<sup>st</sup> Orthopedic Department of 251 General Air Force Hospital, Athens, April 2007
- 19<sup>th</sup> Greek Meeting of General Medicine, Heraklion-Crete, April 2007
- Seminar for Updated Techniques for Surgical Repair of Intra-Articular Lesions of the Knee, Athens, March 2007



- 14<sup>th</sup> University Seminar of Osteosynthesis Organized by the Orthopedic Surgery and Traumatology of University Hospital of Crete, Crete, March 2007
- 11<sup>th</sup> Medical Meeting of the Navy Hospital of Athens, Athens, January 2007
- 1<sup>st</sup> Annual Seminar of Distal Radial Fractures Organized by the Microsurgery Department of Trauma Rehabilitation Center of Athens, Athens, January 2007
- 4<sup>th</sup> Seminar of Anatomic Surgery of the Hand organized by the Orthopedic Department of University of Ioannina, Metsovo, October 2006
- 12<sup>th</sup> Combined Annual Meeting Organized by the Hellenic Society for Reconstructive Microsurgery & Hellenic Society for Surgery of the Hand, Killini-Patras, September 2006
- Cretan Orthopedic Seminar with International Participation, Heraklion-Crete, June 2006
- 3<sup>rd</sup> Seminar of Arthroscopic Surgery and Sports Injuries Organized by the 1<sup>st</sup> Orthopedic Department of University Hospital of Athens under the auspices of the Arthroscopic Department, Knee Surgery and Sports Injuries “G.NOULIS” and the College of Greek Orthopedic Surgeons, Athens, May 2006
- Forum in education in General Medicine, Heraklion-Crete, March 2006
- 3<sup>rd</sup> Seminar of Skiing Injuries, Athens, December 2005
- 61<sup>st</sup> Greek Meeting of the Orthopedic Surgery and Traumatology with Participation of British Trauma Society, Athens, October 2005
- 1<sup>st</sup> Meeting of the Hellenic Arthroscopic Society & 5<sup>th</sup> Symposium of Arthroscopic Surgery, Thessaloniki, June 2005
- 3<sup>rd</sup> Symposium of Emergency Medicine with Theme “The Art of Treating”, Athens, June 2005
- 2<sup>nd</sup> Greek Meeting of the Department of Shoulder-Elbow of the Hellenic Society of Orthopedic Surgery and Traumatology, Athens, April 2005
- Meeting Organized by the 2<sup>nd</sup> Department of Orthopedic Surgery of General Hospital of Athens with Theme “Total Hip Arthroplasty”, Athens, March 2005
- Seminar for External Fixation, Bologna-Italy, May 2004
- 8<sup>th</sup> Greek Meeting Organized by Orthopedic Surgery and Traumatological Union of Crete, Chania-Crete, May 2003
- 11<sup>th</sup> Cretan Medical Meeting, Chania-Crete, November 2002
- 16<sup>th</sup> University Medical Symposium Organized by Internal Medicine Department of University of Crete, Heraklion-Crete, June 2002
- 12<sup>th</sup> Cretan University Pediatric Symposium, Heraklion-Crete, March 2002
- Meeting Organized by the Hellenic Rheumatologic Society, Heraklion-Crete, October 2001
- 9<sup>th</sup> Greek Meeting of the Hellenic Society of Metabolic Bone Diseases and 5<sup>th</sup> Seminar of Hellenic Institute of Osteoporosis, Rethymno-Crete, April 2001
- 11<sup>th</sup> Cretan University Pediatric Symposium, Heraklion-Crete, March 2001

## PUBLICATIONS

- Vassalou EE, **Tzoanos G**, Hantes M, Tsavalas N, Karantanas A. Feasibility of a double-bundle anterior cruciate ligament reconstruction can be predicted by anthropometric and skeletal parameters: An MR imaging study. *Hell J Radiol* 2018; 3(4): 00-00
- **Tzoanos G**, et al, “Sacral Fatigue Fracture in an Amateur Soccer Player”, *Case Reports In Medicine, Volume 2013*, 2013
- **Tzoanos G**, et al, “Non-operative treatment of peroneal split syndrome-a case report”, *Acta Orthop Belgica, Dec;78(6):804-7*, 2012
- **G. Tzoanos**. “Osteoid osteoma of the hip in a football player; a case report”, FIFA Medical Network, November, 2012
- **G. Tzoanos**, N. Manidakis, I. Koutroumpas, G. Stathakos, K. Kakavelakis, G. Kouvidis, P. Katonis “Knee arthroscopy under local anaesthesia: The Crete experience”, *Arthroscopy - The Journal of Arthroscopic and Related Surgery*, 27 (10), 2011
- S. Likoudis, I. Koutroumpas, **G. Tzoanos**, I. Aggelidakis, K. Balalis, P. Katonis “ Comparison of one-stage and two-stage bilateral total knee arthroplasties for osteoarthritis”, *Journal of Bone Joint Surgery Br* 93-B; 373, 2011

- **Tzoanos G**, Manidakis N, Koutroumpas I, Stathakos G, Katonis P. “ Impingement syndrome of the infrapatellar fat pad: A case report”, *Journal of the Sports Medicine Association of Greece*, 4(1), 2010
- Lycoudis S, Koutroubas I, Manidakis N, **Tzoanos G**, Kakavelakis K, Balalis K, Katonis P. “ Bilateral simultaneous traumatic hip dislocation in opposite direction at a non compliant patient”, *Journal of Orthopaedics*, 7(4)e3, 2010
- Balalis K, Christoforakis Z, Katonis P, **Tzoanos G**. “Posterior Impingement of the Ankle”, *Journal of the Sports Medicine Association of Greece*, 3(2), 2009 Balalis K, Christoforakis Z, Katonis P, **Tzoanos G**. “Posterior Impingement of the Ankle”, *Journal of the Sports Medicine Association of Greece*, 3(2), 2009

## BOOK CHAPTERS

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- P. E Gelber, F Abat, **G Tzoanos**, J Karlsson, “ Non-surgical management of tendon injuries” in *Injuries and Health Problems in Football*. Editor: Joao Espregueira-Mendes, Publisher: Springer, 2017
- **Tzoanos G**, “Sports Injuries during Growth Phase in Children Football” in *Organization and Programming of Children Training in Football during Growth Phase*. Editor: Kalpakidis K, Publisher: Dokimakis, Heraklion-Crete, Greece, 2010

## TEACHING EXPERIENCE

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- Imaging of Sports Injuries – stress fractures, chondral and osteochondral injuries, foot and ankle injuries, 10<sup>th</sup> Semester, University of Crete, School of Medicine, academic period 2010-2011, 2011-2012, 2012-2013, 2013-2014, 2014-2015, 2015-2016

## EDITORIAL BOARD

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- Video Journal of Sports Medicine (VJSM)

## REVIEWER

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- Reviewer of Video Journal of Sports Medicine (VJSM), 2021-
- Reviewer of Orthopaedic Journal of Sports Medicine (OJSM), 2018-
- Reviewer of American Journal of Sports Medicine (AJSM), 2011-

## AWARDS

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- Finalist for the John Joyce Award in 8<sup>th</sup> Biennial Congress of ISAKOS, Rio de Janeiro, Brazil, May 2011
- Hellenic Association of Orthopaedic Surgery and Traumatology Award 2010, to Visit an American Medical School for a period of 3 months

## COURSES

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- 9<sup>th</sup> Football Manager Seminar, September, 2019
- Orthopaedic Sports Medicine Comprehensive Review Course, May, 2012
- Basic Life Support and Automatic External Defibrillation, November, 2005
- Organization of Medical Office with P.C., June, 2003

## MEMBERSHIPS

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- International Society of Orthopaedic Surgery and Traumatology, SICOT, 2014-
- FIFA Medical Network, 2012-
- American Medical Society of Sports Medicine, AMSSM, 2010-
- International Society of Arthroscopy, Knee Surgery and Orthopedic Sports Medicine, ISAKOS, 2010-
- European Society of Sports Medicine Knee Surgery and Arthroscopy, ESSKA, 2008 -
- Hellenic Arthroscopic Society, 2006 -
- Hellenic Association of Orthopedic Surgery and Traumatology, 2005 -

## REFERENCES

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- **Lee Kaplan, MD**, Professor in Sport Medicine Department of University of Miami-Miller School of Medicine, Miami, Florida, FL, USA, Tel: +1 3056071492 E-mail: [Kaplan.med.miami.edu](mailto:Kaplan.med.miami.edu)
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- **Steve Petersen, MD**, Ass. Professor and Co-director in Division of Shoulder Reconstructive and Arthroscopic Surgery of Johns Hopkins Hospital in Baltimore, Maryland, MD, USA, Tel: +1 410 8473517, E-mail: [petersen.sa@gmail.com](mailto:petersen.sa@gmail.com)
- **Thomas Gill, IV, MD**, Professor and Chief of Sports Medicine Department of Mass General Hospital-Harvard Medical School in Massachusetts, MA, USA, Tel.: +1 617 7267797, E-mail: [tgill@partners.org](mailto:tgill@partners.org)

## LANGUAGE ABILITIES

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- Greek (native speaker)
- English (fluent)
- Czech (moderate)
- Portuguese (moderate)

## EXTRACURRICULAR

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- Football Player
- Outdoor Excursions