

CURRICULUM VITAE
GEORGIOS N. TZOANOS MD

F u l l Georgios N. Tzoanos
Name:
Birth Heraklion-Crete, Greece
place:

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EDUCATION

- 3/'11 Certified by Hellenic Board of Orthopedic Surgery & Traumatology
12 / ' 0 5 - Resident of Orthopedic Surgery and Traumatology, University Hospital
12/'10 Heraklion- Crete, GR
- 9/'03 - 3/'04 Resident of Orthopedic Surgery and Traumatology, General Hospital, Rethym
Crete, GR
- 12 / ' 0 2 - Resident of Surgery, General Hospital, Rethymno-Crete, GR
9/'03
- 8 / ' 0 1 - Surgery, Internal Medicine & Cardiology, General Hospital, Heraklion-Crete, G
11/'01
- 8/'00 - 4/'01 Exams in Internal Medicine and Surgery for the Recognition of Foreign Stud
Patra, GR (*Degree:* Excellent 8.72/10)
- 9/'94 - 5/'00 Medical Degree, Faculty of Medicine in Pilsen, Charles University, CZ
(*Degree:* Excellent)
- 9/'93 - 6/'94 Pre-medical Degree, Faculty of Medicine, Charles University, CZ

PROFESSIONAL EXPERIENCE

- 04/25-05-25 Visiting fellow in University of Miami-Miller School of Medicine, FL, USA
(Sports Medicine Department), Advisor Prof. Lee Kaplan (Head Team physician
University of Miami Athletics)
- 12/'12-1/'13 Visiting fellow in Mass General Hospital-Harvard Medical School in
Massachusetts, MA, USA • Sports Medicine Department (ISAKOS Approved
Teaching Center), Advisor Prof. Thomas Gill (Head Team physician of Patriots
Football and Red Sox Baseball)
- 9/'11- 10/'11 Visiting fellow in Mass General Hospital-Harvard Medical School in
Massachusetts, MA, USA • Sports Medicine Department (ISAKOS Approved
Teaching Center), Advisor Prof. Thomas Gill (Head Team physician of Patriots
Football and Red Sox Baseball)

- 12/'10- 3/'11 **Visiting fellow in Johns Hopkins Hospital in Maryland, MD, USA** • Division of shoulder reconstructive and arthroscopic surgery, Advisor Ass. Prof. Steve Petersen (Head Team physician of Baltimore Orioles Baseball)
- 4/'10 - 5/'10 **Visiting Resident in Mayo Clinic in Minnesota, MN, USA** • Sports Medicine Department, Advisor Prof. Michael Stuart (Head Team physician of USA Olympic Hockey)
- 3/'09 - 6/'09 **Visiting Resident in Orthopedic Surgery and Traumatology, Hospital de Sebastiao, Porto, PT** • Saude Atlantica Sports Center (ISAKOS & ESSKA Approved Teaching Center) & Santa Maria Hospital, Advisor Prof. Joao Espregueira-Mendes (Team physician of Porto F.C.)
- 2/'09 - 3/'09 **Visiting Resident in Sports Trauma and Arthroscopic Procedures, Hosp Pasteur, Rio de Janeiro, BR**, Advisor Jose Luiz Runco, MD (Team physician Brazilian National Federation and Flamengo F.C)
- 11 / '08 - **Visiting Resident in Sports Trauma and Arthroscopic Procedures, Mehilain Clinic, Turku, FI** • ISAKOS Approved Teaching Center, Advisor Prof. Sakari Orava
- 2/'08 - 3/'08 **Visiting Resident in Sports Trauma, Surgical and Arthroscopic Procedures Orthopedic Surgery, Barcelona, SP** • PRGF Treatment and Control of Patients Soccer Players, Advisor Ramon Cugat, MD (Team physician of Barcelona F. Orthopedic Service of Hospital Quiron (ISAKOS Approved Teaching Center Ambulatory Care Center of Mutua Montanesa, Mutualitat de Futbolistes of the Span Soccer Federation, Clinic FIATC
- 8/'07 - 9/'07 **Visiting Resident in Sports Trauma, Arthroscopy and Knee Surgery, Porto, P** Sao Sebastiao Hospital, Santa Maria da Feira and Saude Atlantica Sports Center (ISAKOS & ESSKA Approved Teaching Center), Porto, Advisor Prof. Joao Espregueira-Mendes (Team physician of Porto F.C)
- 3 / '05 - **Visiting Resident in the 2nd Orthopedic Department, 251 General Air Force Hospital, Athens, GR**
- 7/'04 - 3/'05 **Military Service Doctor and Part Time Involvement in the Clinic Program of 2nd Orthopedic Department, 251 General Air Force Hospital, Athens, GR**
- 4/'04 - 6/'04 **Visiting Resident in 1st Orthopedic Department, General Hospital, Heraklion, Crete, GR**
- 3/'04 - 4/'04 **Visiting Resident in Orthopedic Department, General Hospital, Rethymno-Crete, GR**
- 11 / '01 - **Appointed Doctor in District Medical Health Center, Zaros-Crete, GR**
- 4/01 - 8/'01 **Visiting Resident in the 1st Orthopedic Department of General Hospital Heraklion-Crete, GR**

OTHER EXPERIENCE

- 2000 - 2006 Appointed Doctor in Junior and Employment Football Championship Organized Annually by the Municipal Sports Club, Heraklion-Crete, GR
- 2000 - 2005 Appointed Doctor in Children and Junior Football Championship Organized Annually by the Hellenic Football Association, Heraklion-Crete, GR
- 5/'02 Appointed Doctor in University Football Championship Organized by the University of Crete, Heraklion-Crete, GR

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- **Tzoanos G**, Tsavalas N, Chardaloumpas, Manidakis N “Patella harvest donor site and tendon graft healing in bone tendon bone anterior cruciate ligament reconstruction in football players”, 22nd ESSKA, May 2026, Prague, Czech Republic, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas D, Manidakis N “ Bilateral adductor tenotomy with or without hernioplasty in football players with groin pain”, 22nd ESSKA, May 2026, Prague, Czech Republic, *Poster Presentation*
- **G**, “ Meniscal tears-Modern treatment techniques”, 2nd Hellenic Congress of Physiotherapy, September 2025, Heraklion, Greece, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas D, Koutroumpas I, Manidakis N “ Surgical technique reducing anterior knee pain after bone tendon bone anterior cruciate ligament reconstruction in football players”, 15th ISAKOS, June 2025, Munich, Germany, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas D, Manidakis N “ Bilateral adductor tenotomy with or without hernioplasty in football players with groin pain” 15th ISAKOS, June 2025, Munich, Germany, *Poster Presentation*
- **Tzoanos G**, “ New trends in anterior cruciate ligament reconstruction”, 1st Hellenic Congress of Physiotherapy, June 2023, Heraklion, Greece, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A, Manidakis N “ Donor site morbidity and graft ligamentization in bone tendon bone anterior cruciate ligament reconstruction in football players”, 30th International Conference on Sports Rehabilitation and Traumatology, May 2023, London, England, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A, Manidakis N “ Healing of the patella harvest donor site and tendon graft in bone tendon bone anterior cruciate ligament reconstruction in football players”, 29th International Conference on Sports Rehabilitation and Traumatology, June 2022, Lyon, France, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A, Manidakis N “ Healing of the patella harvest donor site and tendon graft in bone tendon bone anterior cruciate ligament reconstruction in football players”, 20th ESSKA, April 2022, Paris, France, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A, Manidakis N “ Healing of the patella harvest donor site and tendon graft in bone tendon bone anterior cruciate ligament reconstruction in football players”, 13th ISAKOS, November 2021, Virtual, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A, Manidakis N “ Healing of the patella harvest donor site and tendon graft in bone tendon bone anterior cruciate ligament reconstruction in football players”, 7th ECOSEP & 2nd EA4SD, November 2021, Athens, Greece, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A, Manidakis N “ Healing of the patella harvest donor site and tendon graft in bone tendon bone anterior cruciate ligament reconstruction in football players”, 19th ESSKA, May 2021, Virtual, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A, Manidakis N “ Bilateral adductor tenotomy with or without hernioplasty in Greek football players with groin pain” 19th ESSKA, May 2021, Virtual, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A, Manidakis N “ ABO blood group and anterior cruciate ligament tear in football players” 19th ESSKA, May 2021, Virtual, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A, Danassi D, Manidakis N “ Healing of the patella harvest donor site and tendon graft in bone tendon bone anterior cruciate ligament reconstruction in football players”, 6th ECOSEP & INSEP , November 2019, Paris, France, *Oral Presentation*
- Kakavas G, Malliaropoulos N, Kalliakmanis A, Rousis S, Piskopakis A, Konstantakis X, **Tzoanos G** How fatigue of a 90 minutes in football match affects hamstring flexibility, 28th International Conference on Sports Rehabilitation and Traumatology, April 2019, London, England, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kakavas G, Kalliakmanis A Manidakis N “ Healing of the patella harvest donor site and tendon graft in bone tendon bone anterior cruciate

- ligament reconstruction in football players”, 28th International Conference on Sports Rehabilitation and Traumatology, April 2019, London, England, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A “ Patella harvest donor site healing after autologous bone transplantation in bone tendon bone anterior cruciate ligament reconstruction in football players”, 27th International Conference on Sports Rehabilitation and Traumatology, June 2018, Barcelona, Spain, *Oral Presentation*
 - **Tzoanos G**, Tsavalas N, Kalliakmanis A, Chardaloumpas D, Manidakis N “ Patellar tendon healing after anterior cruciate ligament reconstruction in football players”, 18th ESSKA Congress, May 2018, Glasgow, United Kingdom, *Oral Presentation*
 - **Tzoanos G**, Tsavalas N, Chardaloumpas, Kalliakmanis A “ ABO blood group and anterior cruciate ligament tear in football players”, 18th ESSKA Congress, May 2018, Glasgow, United Kingdom, *Poster Presentation*
 - **Tzoanos G**, Tsavalas N, Chardaloumpas D, Kalliakmanis A “ Bilateral adductor tenotomy with or without hernioplasty in Greek football players with groin pain” 18th ESSKA, May 2018, Glasgow, United Kingdom, *Poster Presentation*
 - **Tzoanos G**, Tsavalas N, Papadogoulas A. Kalliakmanis A “ ABO blood group and anterior cruciate ligament tear in football players”, 4th Saude Atlantica & ISAKOS & ESSKA international meeting, September 2017, Porto, Portugal, *Oral Presentation*
 - **Tzoanos G**, Tsavalas N, Papadogoulas A Kalliakmanis A “ Patellar tendon healing after anterior cruciate ligament reconstruction in football players”, 4th Saude Atlantica & ISAKOS & ESSKA international meeting, September 2017, Porto, Portugal, *Oral Presentation*
 - **Tzoanos G**, Tsavalas N, Kalliakmanis A “ ABO blood group and anterior cruciate ligament tear in football players”, 11th ISAKOS, June 2017, Shanghai, China, *Poster Presentation*
 - **Tzoanos G**, Tsavalas N, Manidakis N, Chardaloumpas D, Kalliakmanis A “ Patellar tendon healing after anterior cruciate ligament reconstruction in football players”, 11th ISAKOS, June 2017, Shanghai, China, *Poster Presentation*
 - **Tzoanos G**, Tsavalas N, Kalliakmanis A “ ABO blood group and anterior cruciate ligament tear in football players”, 26th International Conference on Sports Rehabilitation and Traumatology, May 2017, Barcelona, Spain, *Oral Presentation*
 - **Tzoanos G**, Chardaloumpas D, Kalliakmanis A, Tsavalas N, Manidakis N “ Ultrasonografic evaluation of harvested patellar tendon in football players”, 17th ESSKA, May 2016, Barcelona, Spain, *Poster Presentation*
 - **Tzoanos G**, Tsavalas N, Manidakis N, Chardaloumpas D, Kalliakmanis A “ Patellar tendon healing after anterior cruciate ligament reconstruction in football players”, 25th International Conference on Sports Rehabilitation and Traumatology, April 2016, London, England, *Oral Presentation*
 - **Tzoanos G**, Tsavalas N, Manidakis N, Chardaloumpas D, Kalliakmanis A “ Extraordinary cause of hip joint pain in professional football player”, 25th International Conference on Sports Rehabilitation and Traumatology, April 2016, London, England, *Poster Presentation-Best clinical case history award*
 - **Tzoanos G**, Chardaloumpas D, Tsavalas N, Kalliakmanis A, Manidakis N “ Ultrasonografic evaluation of harvested patellar tendon in football players”, 10th Biannual ISAKOS, June 2015, Lyon, France, *Poster Presentation*
 - **Tzoanos G**, Manidakis N, Tsavalas N, Chardaloumpas D, Kalliakmanis A “ Epidemiology of muscle injuries in a Greek sub-elite professional football team”, 10th Biannual ISAKOS, June 2015, Lyon, France, *Poster Presentation*
 - **Tzoanos G**, Manousaki e, Tsavalas N, Chardaloumpas D, Kalliakmanis A, Manidakis N “ Bilateral adductor tenotomy with or without hernioplasty in Greek football players with groin pain” 24th International Conference on Sports Rehabilitation and Traumatology, April 2015, London, England, *Oral Presentation*
 - **Tzoanos G**, Chardaloumpas D, Tsavalas N, Georgiou N, Cruz F, Kalliakmanis A, Manidakis N “ Ultrasonografic evaluation of harvested patellar tendon in football players”, 26th SICOT & 46th SBOT World Congress, November 2014, Rio De Janeiro, Brazil, *Oral Presentation*
 - **Tzoanos G**, Chardaloumpas D, Tsavalas N, Georgiou N, Manidakis N “Double bundle anterior cruciate ligament reconstruction; not for all; an MRI study”, 26th SICOT & 46th SBOT World Congress , November 2014, Rio De Janeiro, Brazil, *Poster Presentation*

- **Tzoanos G**, Manidakis N, Tsavalas N, Chardaloumpas D, Kalliakmanis A “ Epidemiology of muscle injuries in a Greek sub-elite professional football team”, 6th MuscleTech Network workshop, October 2014, Barcelona, Spain *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Manidakis N, Chardaloumpas D, Kalliakmanis A “ Healing of the patellar tendon after ACL reconstruction in football players”, 70th Greek meeting of Orthopaedic Surgery and Traumatology, October 2014, Athens, Greece, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Manidakis N, Chardaloumpas D, Kalliakmanis A “ Ultrasonographic evaluation of harvested patellar tendon in football players”, 23rd International Conference on Sports Rehabilitation and Traumatology, March 2014, Milano, Italy, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Manidakis N, Chardaloumpas D, Kalliakmanis A “ An unusual cause of hip joint pain in a professional football player; a case report”, 23rd International Conference on Sports Rehabilitation and Traumatology, March 2014, Milano, Italy, *Oral Presentation*
- **Tzoanos G**, Manidakis N, Tsavalas N, Chardaloumpas D, Kalliakmanis A “ Epidemiology of muscle injuries in a Greek sub-elite professional football team”, 22nd International Conference on Sports Rehabilitation and Traumatology, April 2013, London, England, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Ntaliani A, Manidakis N, Karantanas A “ The prevalence of anatomic restrictions in double bundle ACL reconstruction; An MRI study”, 5th Meeting of the Hellenic Arthroscopic Society, Knee Surgery and Sports Injuries, April 2013, Larissa, Greece, *Oral Presentation*
- **Tzoanos G**, Tsavalas N, Manidakis N, Karantanas A “ Epidemiology of injuries in a Greek Sub-elite football team; comparative epidemiology study”, 5th Meeting of the Hellenic Arthroscopic Society, Knee Surgery and Sports Injuries”, April 2013, Larissa, Greece, *Poster Presentation*
- **Tzoanos G**, Tsavalas N, Manidakis N, Karantanas A “ The role of intra-articular infusion of steroids and hyaluronic acid in conservative treatment of hip labral tears”, 5th Meeting of the Hellenic Arthroscopic Society, Knee Surgery and Sports Injuries April 2013, Larissa, Greece, *Poster Presentation*
- **Tzoanos G**. “ Diagnosis, treatment and prevention of sports injuries”, March 2013, Meeting organized by Lamberts UK, Crete, Greece, *Oral Presentation*
- **Tzoanos G**. “Knee chondral injuries”, Hellenic College of Orthopaedic Surgeons, November 2012, Athens, Greece, *Oral Presentation*
- **Tzoanos G**, Manidakis N, Koutroumpas I, Tsavalas N, Katonis P, Karantanas A. “The role of intra-articular infusion of long lasting steroids and hyaluronic acid in conservative treatment of labral tears of the hip joint”, 68th Greek meeting of Orthopaedic Surgery and Traumatology, October 2012, Athens, Greece , *Oral Presentation*
- **Tzoanos G**, Ntaliani A, Manidakis N, Tsavalas N, Katonis P, Karantanas A. “Double bundle anterior cruciate ligament reconstruction; not for all; an MRI study”, 68th Greek meeting of Orthopaedic Surgery and Traumatology, October 2012, Athens, Greece, *Poster Presentation*
- **Tzoanos G**, Ntaliani A, Manidakis N, Tsavalas N, Katonis P, Karantanas A. “Double bundle anterior cruciate ligament reconstruction; not for all; an MRI study”, 15th ESSKA Congress, May 2012, Geneva, Switzerland, *Poster Presentation*
- **Tzoanos G**, Manidakis N, Koutroumpas I, Tsavalas N, Katonis P, Karantanas A. “The role of intra-articular infusion of long lasting steroids and hyaluronic acid in conservative treatment of degenerative labral tears of the hip joint”, 15th ESSKA Congress, May 2012, Geneva, Switzerland, *Poster Presentation*
- **Tzoanos G**, Ntaliani A, Tsavalas N, Katonis P, Karantanas A. “ Double bundle anterior cruciate ligament reconstruction: An MRI study”, 21st International Conference on Sports Rehabilitation and Traumatology, April 2012, London, England, *Oral Presentation*
- **Tzoanos G**, Datsis G, Manidakis N, Koutroumpas I, Kouvidis G, Katonis P. “ ACL reconstruction using hamstring autograft with transtibial technique: two- to seven- years follow up”, 4th Meeting of the Hellenic Arthroscopic Society, Knee Surgery and Sports Injuries, June 2011, Crete, Greece, *Oral Presentation*
- **Tzoanos G**, Manidakis N, Koutroumpas I, Stathakos G, Kakavelakis K, Zisimopoulou E, Kouvidis G, Katonis P. “ Knee arthroscopy under local anaesthesia: The Crete experience”, ISAKOS 2011, May 2011, Rio de Janeiro, Brazil, *Oral Presentation – Finalist for the John Joyce Award*
- Ntaliani A, **Tzoanos G**, Tsavalas N, Vassalou E, Karantanas AH “ Are all patients with

anterior cruciate ligament tear able to undergo a double-bundle reconstruction? An MRI study”, ECR 2011, March 2011, Vienna, Austria, *Oral Presentation*

- **Tzoanos G**, Manidakis N, Koutroumpas I, Stathakos G, Katonis P. “Degenerative labral tears of the hip joint; the role of intra-articular infusion of long lasting steroids and hyaluronic acid in non-operative management”, 6th Meeting of EFOT, November 2010, Brussels, Belgium, *Oral Presentation*
- **Tzoanos G**, Manidakis N, Koutroumpas I, Stathakos G, Karantanis A, Katonis P. “Degenerative labral tears of the hip joint treated with a combination of intra-articular long lasting steroid and hyaluronic acid infusion”, 9th Domestic Meeting of the European Hip Society, September 2010, Athens, Greece, *Poster Presentation*
- Manidakis N, **Tzoanos G**, Lykoudis S, Koutroumpas I, Stathakos G, Katonis P. “Percutaneous Hybrid Fixation of Thoracolumbar Burst Fractures Without Neurological Deficit”, 7th SICOT/SIROT Annual International Conference, August 2010, Gothenburg, Sweden, *Poster Presentation*
- Manidakis N, Lykoudis S, **Tzoanos G**, Koutroumpas I, Stathakos G, Katonis P. “Percutaneous Hybrid Fixation of Thoracolumbar Burst Fractures Without Neurological Deficit”, World Spine V & World Spine 2010, May 2010, Santorini-Larissa, Greece, *Oral Presentation*
- **Tzoanos G**, Kouvidis G, Koutroumpas I, Aggelidakis I, Katonis P. “Knee arthroscopy with local anaesthesia: Review of clinical experience & evaluation of patients satisfaction”, 29th Annual Congress of Orthopedic & Traumatologic Society of Macedonia-Thraki, April 2010, Alexandroupoli, Greece, *Poster Presentation*
- Manidakis N, Georgiou N, **Tzoanos G**, Kakavelakis K, Katonis P. “Surgical treatment of cervical myelopathy in multiple degenerative changes”, 29th Annual Congress of Orthopedic & Traumatologic Society of Macedonia-Thraki, April 2010, Alexandroupoli, Greece, *Oral Presentation*
- Borralho N, Monteiro A, Sevivas N, Cruz M, Gomez M, **Tzoanos G**. “High Tibial Osteotomy for the Treatment of Unicompartmental Gonarthrosis - Closed Wedge Versus Open Wedge”, 29th National Congress of SPOT (Portuguese Association of Orthopedic Surgery and Traumatology), October 2009, Porto, Portugal, *Oral Presentation*
- Kakavelakis K, **Tzoanos G**, Stathakos G, Tosounidis T, Kouvidis G, Katonis P. “Knee Arthroscopy Under Local Anaesthesia: A Review of Clinical Experience and Evaluation of Patient Satisfaction”, 6th Hellenic Orthopedic Congress with the Participation of Balkan Countries, October 2009, Thessaloniki, Greece, *Oral Presentation*
- Likoudis S, Koutroumpas I, **Tzoanos G**, Aggelidakis I, Balalis K, Katonis P. “One Stage and Two Stage Bilateral Total Knee Arthroplasties for Osteoarthritis”, 65th Hellenic Orthopedic Congress with the Participation of Balkan Countries, October 2009, Thessaloniki, Greece, *Poster Presentation*
- Espregueira-Mendes J, Monteiro A, Vieira-Silva M, Varanda P, Pereira H, Sevivas N, Lob T, **Tzoanos G**. “Cartilage Lesions - Osteochondral Graft from Proximal Tibiofibular Joint – ‘Gut’”, 3rd Meeting of the Hellenic Arthroscopic Society, Knee Surgery and Sports Injuries, June 2009, Crete, Greece, *Oral Presentation*
- Espregueira-Mendes J, Lopes JM, Araujo JA, Passos C, Vasconcelos JC, Monteiro A, Sevivas N, **Tzoanos G**, Lob T. “Return to Sports after ACL Reconstruction”, 10th European Federation of National Associations of Orthopedics and Traumatology of ESSKA Session “The ACL: From Cradle to the Grave”, June 2009, Wien, Austria, *Oral Presentation*
- Espregueira-Mendes J, Monteiro A, Lopes JM, Araujo JA, Passos C, Vasconcelos JC, Sevivas N, **Tzoanos G**, Lob T. “ACL- Measurement of AP & Rotation Laxity-Porto KTD”, International Forum: Update on Double Bundle ACL Reconstruction, May 2009, Milan, Italy, *Oral Presentation*
- Balalis K, Kakavelakis K, **Tzoanos G**, Tosounidis T. “Neuropathy of Suprascapular Nerve in Amateur Players”, 9th Meeting of Greek Sports Medicine Society and 7th Greek-Cypriot Sports Medicine Meeting, March 2008, Athens, Greece, *Poster Presentation*
- Christoforakis Z, Balalis K, **Tzoanos G**, Katonis P, Handjipavlou A. “Simultaneous Bilateral Total Knee Arthroplasty: Is it a Safe Operation for the Patient?”, 13th Cretan Medical Meeting with International Participation, November 2006, Crete, Greece, *Oral Presentation*
- **Tzoanos G**. “Functional Anatomy, Biomechanics and Pathophysiology of the Basal Joint Arthritis”, 12th Combined Annual Meeting Organized by the Hellenic Society for

Reconstructive Microsurgery & Hellenic Society for Surgery of the Hand, September 2006,
Patra, Greece, *Oral Presentation*

CONFERENCES

- 22nd ESSKA Congress, Prague, Czech Republic, May 2026
- American Academy of Orthopaedic Surgeons –AAOS 2026, New Orleans, LA, USA, March 2026
- 2nd Hellenic Congress of Physiotherapy, Heraklion, Greece, June 2023 15th Biannual Congress ISAKOS, Munich, Germany, June 2025
- American Academy of Orthopaedic Surgeons –AAOS 2025, San Diego, CA, USA, March 2025
- 80th Greek meeting of Orthopaedic Surgery and Traumatology, Thessaloniki, Greece, October 2024
- 31st International Conference on Sports Rehabilitation and Traumatology, Madrid, Spain, May 2024
- 21st ESSKA Congress, Milan, Italy, May 2024
- American Academy of Orthopaedic Surgeons –AAOS 2024, San Francisco, CA, USA, February 2024
- 1st Hellenic Congress of Physiotherapy, Heraklion, Greece, June 2023
- 14th Biannual Congress ISAKOS, Boston, USA, June 2023
- 30th International Conference on Sports Rehabilitation and Traumatology, London, England, May 2023
- 29th International Conference on Sports Rehabilitation and Traumatology, Lyon, France, June 2022
- 20th ESSKA Congress, Paris, France, May 2022
- American Academy of Orthopaedic Surgeons –AAOS 2022, Chicago, IL, USA, March 2022
- 13th Biannual Congress ISAKOS, Virtual, November 2021
- 7th ECOSEP & 2nd EA4SD congress, Athens, Greece, November 2021
- 19th ESSKA Congress, Virtual, May 2021
- 6th ECOSEP & INSEP congress, Paris, France, November 2019
- 28th International Conference on Sports Rehabilitation and Traumatology, London, England, April 2019
- 2nd Conference, organized by AEK FC, Athens, Greece, March 2019
- American Academy of Orthopaedic Surgeons –AAOS 2019, Las Vegas, NE, USA, March 2019
- 27th International Conference on Sports Rehabilitation and Traumatology, Barcelona, Spain, June 2018
- 18TH ESSKA Congress, Glasgow, United Kingdom, May 2018
- Madrid Foot & Ankle Course, Madrid, Spain, March 2018
- 1st Conference of Sports Injuries-Hamstring injuries from research to clinical practice organized by AEK FC, Athens, Greece, March 2018
- 4th Saude Atlantica & ISAKOS & ESSKA international meeting, Porto, Portugal, September 2017
- 11th Biannual Congress ISAKOS, Shanghai, China, June 2017
- 26th International Conference on Sports Rehabilitation and Traumatology, Barcelona, Spain, May 2017
- 8th MuscleTech Network workshop, Barcelona, Spain, October 2016
- 17th ESSKA Congress, Barcelona, Spain, May 2016
- 25th International Conference on Sports Rehabilitation and Traumatology, London, England, April 2016
- Challenges in football injuries, Doha, Qatar, February 2016
- 7TH MuscleTech Network workshop & 4th ECOSEP Congress, Barcelona, Spain, October 2015
- 10th Biannual Congress ISAKOS, Lyon, France, June 2015
- 24th International Conference on Sports Rehabilitation and Traumatology, London, England, April 2015
- 26th SICOT & 46th SBOT World Congress, Rio De Janeiro, Brazil, November 2014
- 6th MuscleTech Network workshop, Barcelona, Spain, October 2014
- 70th Greek meeting of Orthopaedic Surgery and Traumatology, Athens, Greece, October 2014
- 16th ESSKA Congress, Amsterdam, Holland, April 2014

- 23rd International Conference on Sports Rehabilitation and Traumatology, Milan, Italy, March 2014
- 69th Greek meeting of Orthopaedic Surgery and Traumatology, Athens, Greece, October 2013
- 22nd International Conference on Sports Rehabilitation and Traumatology, London, England, April 2013
- 5th Meeting of the Hellenic Arthroscopic Society, Knee Surgery and Sports Injuries, Larissa, Greece, April 2013
- Meeting organized by Lamberts U, Crete, Greece, March 2013
- 68th Greek meeting of Orthopaedic Surgery and Traumatology, Athens, Greece, October 2012
- 15th ESSKA Congress, Geneva, Switzerland, May 2012
- 21st International Conference on Sports Rehabilitation and Traumatology,, London, England, April 2012
- 4th Meeting of the Hellenic Arthroscopic Society, Knee Surgery and Sports Injuries, Crete, Greece, June 2011
- 8th Biannual Congress ISAKOS, Rio de Janeiro, Brazil, May 2011
- Meeting Organized by the Hematologic and Orthopedic Departments of University Hospital of Crete, under the auspices of Medical Association of Heraklion with theme ‘ Blastocytes- Current concepts and perspectives’, Heraklion, Crete, April 2011
- 6th Meeting of EFOT, Brussels, Belgium, November 2010
- 9TH Domestic Meeting of the European Hip Society, Athens, Greece, September 2010
- 14th ESSKA Congress, Oslo, Norway, June 2010
- Advanced Techniques in Shoulder Arthroscopy, Arthroplasty, & Fractures, organized by Mayo Clinic in Minnesota, MN, USA, April 2010
- Basic Athroscopic Techniques of Knee and Shoulder Organized by the 2nd Orthopedic Clinic of IASO GENERAL and the Orthopedic Clinic of the University of Ioannina Under the Auspices of the Hellenic Arthroscopic Society, Athens, March 2010
- 65th Hellenic Orthopedic Congress with the Participation of Balkan Countries, Thessaloniki, October 2009
- 3rd Meeting of the Hellenic Arthroscopic Society, Knee Surgery and Sports Injuries, Crete, June 2009
- National Congress of Foot and Ankle, V.N Gaia, Portugal, May 2009
- 1st Congress of Rheumatoid Arthritis Organized by the Orthopedic and Traumatologic Department of Hospital de Sao Sebastiao of Porto, Caramulo-Portugal, May 2009
- AO Course, “Management of Common Periarticular Fractures”, Patra, February 2009
- 1st Congress of Rheumatoid Arthritis Organize by the Orthopedic and Traumatologic Department of Hospital de Sao Sebastiao of Porto, Caramulo, Portugal, May 2009
- 2nd International Symposium of Kyphoplasty with Subject “Kyphoplasty 10 years Knowledge & Experience”, Athens, January 2009
- 1st Shoulder Arthroscopy Course of the Upper Limb Committee of ESSKA, Athens, October 2008
- 64th Greek Meeting of Orthopedic Surgery and Traumatology, Athens, October 2008
- 11th International PCL Study Group Meeting, Myconos, June 2008
- 34th Congress of Spine, Heraklion-Crete, June 2008
- 13th ESSKA 2000 Congress, Porto, Portugal, May 2008
- Seminar of Hip and Knee and Biomechanics, Ioannina, December 2007
- 21st Annual Meeting of Hip and Knee Reconstructive Surgery Organized by the Hellenic Society of Orthopedic Surgery and Traumatology, Athens, November 2007
- 3rd Seminar of Shoulder-Elbow Trauma Organized by the Orthopedic Department of the University of Patras, Patra, October 2007
- 63rd Greek Orthopedic Meeting, Athens, October 2007
- 2nd Meeting of the Hellenic Arthroscopic Society, Knee Surgery and Sports Injuries, Athens, June 2007
- Meeting of Metabolic Bone Diseases with Theme “The Effects of Fractures in Osteoporotic Patients”, Crete, June 2007
- Seminar for External Fixation, Bologna-Italy, April 2007
- Meeting with Theme “Anterior Cruciate Ligament Reconstruction”, Organized by the 1st Orthopedic Department of 251 General Air Force Hospital, Athens, April 2007

- 19th Greek Meeting of General Medicine, Heraklion-Crete, April 2007
- Seminar for Updated Techniques for Surgical Repair of Intra-Articular Lesions of the Knee, Athens, March 2007
- 14th University Seminar of Osteosynthesis Organized by the Orthopedic Surgery and Traumatology of University Hospital of Crete, Crete, March 2007
- 11th Medical Meeting of the Navy Hospital of Athens, Athens, January 2007
- 1st Annual Seminar of Distal Radial Fractures Organized by the Microsurgery Department of Trauma Rehabilitation Center of Athens, Athens, January 2007
- 4th Seminar of Anatomic Surgery of the Hand organized by the Orthopedic Department of University of Ioannina, Metsovo, October 2006
- 12th Combined Annual Meeting Organized by the Hellenic Society for Reconstructive Microsurgery & Hellenic Society for Surgery of the Hand, Killini-Patras, September 2006
- Cretan Orthopedic Seminar with International Participation, Heraklion-Crete, June 2006
- 3rd Seminar of Arthroscopic Surgery and Sports Injuries Organized by the 1st Orthopedic Department of University Hospital of Athens under the auspices of the Arthroscopic Department, Knee Surgery and Sports Injuries “G.NOULIS” and the College of Greek Orthopedic Surgeons, Athens, May 2006
- Forum in education in General Medicine, Heraklion-Crete, March 2006
- 3rd Seminar of Skiing Injuries, Athens, December 2005
- 61st Greek Meeting of the Orthopedic Surgery and Traumatology with Participation of British Trauma Society, Athens, October 2005
- 1st Meeting of the Hellenic Arthroscopic Society & 5th Symposium of Arthroscopic Surgery, Thessaloniki, June 2005
- 3rd Symposium of Emergency Medicine with Theme “The Art of Treating”, Athens, June 2005
- 2nd Greek Meeting of the Department of Shoulder-Elbow of the Hellenic Society of Orthopedic Surgery and Traumatology, Athens, April 2005
- Meeting Organized by the 2nd Department of Orthopedic Surgery of General Hospital of Athens with Theme “Total Hip Arthroplasty”, Athens, March 2005
- Seminar for External Fixation, Bologna-Italy, May 2004
- 8th Greek Meeting Organized by Orthopedic Surgery and Traumatological Union of Crete, Chania-Crete, May 2003
- 11th Cretan Medical Meeting, Chania-Crete, November 2002
- 16th University Medical Symposium Organized by Internal Medicine Department of University of Crete, Heraklion-Crete, June 2002
- 12th Cretan University Pediatric Symposium, Heraklion-Crete, March 2002
- Meeting Organized by the Hellenic Rheumatologic Society, Heraklion-Crete, October 2001
- 9th Greek Meeting of the Hellenic Society of Metabolic Bone Diseases and 5th Seminar of Hellenic Institute of Osteoporosis, Rethymno-Crete, April 2001
- 11th Cretan University Pediatric Symposium, Heraklion-Crete, March 2001

PUBLICATIONS

- Vassalou EE, **Tzoanos G**, Hantes M, Tsavalas N, Karantanis A. Feasibility of a double-bundle anterior cruciate ligament reconstruction can be predicted by anthropometric and skeletal parameters: An MR imaging study. *Hell J Radiol* 2018; 3(4): 00-00
- **Tzoanos G**, et al, “Sacral Fatigue Fracture in an Amateur Soccer Player”, *Case Reports In Medicine, Volume 2013, 2013*
- **Tzoanos G**, et al, “Non-operative treatment of peroneal split syndrome-a case report”, *Acta Orthop Belgica, Dec;78(6):804-7, 2012*
- **G. Tzoanos**. “Osteoid osteoma of the hip in a football player; a case report”, *FIFA Medical Network*, November, 2012
- **G. Tzoanos**, N. Manidakis, I. Koutroumpas, G. Stathakos, K. Kakavelakis, G. Kouvidis, P. Katonis “Knee arthroscopy under local anaesthesia: The Crete experience”, *Arthroscopy - The Journal of Arthroscopic and Related Surgery*, 27 (10), 2011
- S. Likoudis, I. Koutroumpas, **G. Tzoanos**, I. Aggelidakis, K. Balalis, P. Katonis “ Comparison of one-stage and two-stage bilateral total knee arthroplasties for osteoarthritis”, *Journal of Bone*

Joint Surgery Br 93-B; 373, 2011

- **Tzoanos G**, Manidakis N, Koutroumpas I, Stathakos G, Katonis P. “ Impingement syndrome of the infrapatellar fat pad: A case report”, *Journal of the Sports Medicine Association of Greece*, 4(1), 2010
- Lycoudis S, Koutroubas I, Manidakis N, **Tzoanos G**, Kakavelakis K, Balalis K, Katonis P. “ Bilateral simultaneous traumatic hip dislocation in opposite direction at a non compliant patient”, *Journal of Orthopaedics*, 7(4)e3, 2010
- Balalis K, Christoforakis Z, Katonis P, **Tzoanos G**. “Posterior Impingement of the Ankle”, *Journal of the Sports Medicine Association of Greece*, 3(2), 2009 Balalis K, Christoforakis Z, Katonis P, **Tzoanos G**. “Posterior Impingement of the Ankle”, *Journal of the Sports Medicine Association of Greece*, 3(2), 2009

BOOK CHAPTERS

- P. E Gelber, F Abat, **G Tzoanos**, J Karlsson, “ Non-surgical management of tendon injuries” in *Injuries and Health Problems in Football*. Editor: Joao Espregueira-Mendes, Publisher: Springer, 2017
- **Tzoanos G**, “Sports Injuries during Growth Phase in Children Football” in *Organization and Programming of Children Training in Football during Growth Phase*. Editor: Kalpakidis K, Publisher: Dokimakis, Heraklion-Crete, Greece, 2010

TEACHING EXPERIENCE

- Imaging of Sports Injuries – stress fractures, chondral and osteochondral injuries, foot and ankle injuries, 10th Semester, University of Crete, School of Medicine, academic period 2010-2011, 2011-2012, 2012-2013, 2013-2014, 2014-2015, 2015-2016

EDITORIAL BOARD

- Video Journal of Sports Medicine (VJSM)

REVIEWER

- Reviewer of Video Journal of Sports Medicine (VJSM), 2021-
- Reviewer of Orthopaedic Journal of Sports Medicine (OJSM), 2018-
- Reviewer of American Journal of Sports Medicine (AJSM), 2011-

AWARDS

- Finalist for the John Joyce Award in 8th Biennial Congress of ISAKOS, Rio de Janeiro, Brazil, May 2011
- Hellenic Association of Orthopaedic Surgery and Traumatology Award 2010, to Visit an American Medical School for a period of 3 months

COURSES

- 9th Football Manager Seminar, September, 2019
- Orthopaedic Sports Medicine Comprehensive Review Course, May, 2012
- Basic Life Support and Automatic External Defibrillation, November, 2005
- Organization of Medical Office with P.C., June, 2003

MEMBERSHIPS

- International Society of Orthopaedic Surgery and Traumatology, SICOT, 2014-
- FIFA Medical Network, 2012-
- American Medical Society of Sports Medicine, AMSSM, 2010-
- International Society of Arthroscopy, Knee Surgery and Orthopedic Sports Medicine, ISAKOS, 2010-
- European Society of Sports Medicine Knee Surgery and Arthroscopy, ESSKA, 2008 -
- Hellenic Arthroscopic Society, 2006 -
- Hellenic Association of Orthopedic Surgery and Traumatology, 2005 -

REFERENCES

- **Lee Kaplan, MD**, Professor in Sport Medicine Department of University of Miami-Miller School of Medicine, Miami, Florida, FL, USA, Tel: +1 3056071492 E-mail: Kaplan.med.miami.edu
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LANGUAGE ABILITIES

- Greek (native speaker)
- English (fluent)
- Czech (moderate)
- Portuguese (moderate)

EXTRACURRICULAR

- Football Player
- Outdoor Excursions